



The perfect Christmas gift  
for your runner.....

# **FLASH™ Running Clinic Gift Certificate**

90-minute one-on-one session  
with Dr. J. Ryan Bair!

Includes:

- \*Full strength and flexibility assessment
- \*Running gait analysis utilizing slow-motion video and Dartfish software
- \*Footwear recommendation
- \*Synthesis of information gathered to develop a personalized program for you!

Call us today at (610) 696-5076!  
Make your runner happy!